

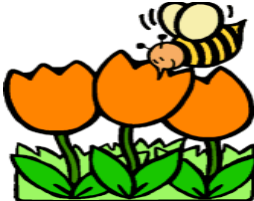
Parkway Schools
Lunch Menu
Middle Schools







Monday	Tuesday	Wednesday	Thursday	Friday
2 WG Mostaccioli w/ Chicken Alfredo Sunny Peaches Snickerdoodle Cookie or Garden Bar	3 Chicken Wing Dings WG Goldfish Crackers Green Beans Chilled Pears or Garden Bar	4 Big Dog w/Bun Black Bean Cucumber Salad Pineapple Tidbits or Garden Bar	5 Chicken w/WG Waffles w/Syrup Tator Tots Fruit Cocktail or Garden Bar	6 WG Spaghetti w/ Meat or Tomato Sauce WG Breadstick Broccoli Crowns Blue Raspberry Cup or Garden Bar
9 Grilled Cheese on Wheat Tomato Soup Crackers Applesauce or Garden Bar	10 WG French Toast Sticks w/Maple Syrup Pork Sausage Patty Trix Yogurt Cup Strawberry Cup or Garden Bar	11 Buffalo Chicken Drumstick Southern Biscuit Spinach & Lettuce Salad Assorted Dressings Berry Lemon Sorbet or Garden Bar	12 Potato Crusted Chicken Strips Housemade Roll w/ Garlic Butter Sweet Potato Fries Blueberries w/ Whipped Topping or Garden Bar	13 Chicken Crispito Black Bean Corn Salsa Mango Strawberry Icee or Garden Bar



23 Housemade Chicken Noodle Soup Crackers or Pretzel Bosco Stick Spring Peas Bartlett Pears or Garden Bar	24 Breaded Chicken on WG Bun Corn Niblets Mandarin Oranges or Garden Bar	25 Beef Ravioli Caesar Salad Assorted Dressings Strawberry Jello w/ Whipped Topping or Garden Bar	26 Mini Corn Dog Carrot Dippers Assorted Dressings Scooby Fruit Snack or Garden Bar	27 Wild Mike's Cheese Bites Marinara Sauce Cup Baked Beans Pineapple Tidbits or Garden Bar
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30 Pork Riblet on WG Bun Sweet Fries Fruit Cocktail or Garden Bar	31 Chik'n Nuggets (plant based) Garlic Noodles Broccoli Flowerettes Strawberry Cup or Garden Bar		<p>Now Hiring! Various opportunities in lunchrooms at schools near you! No Experience required, we will train you! Starting pay at \$10.72/hr. Great job for parents or retirees!</p>
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<p>Full Salad Bar available at ALL Schools. Fresh, Healthy and Good for You!</p>  <p>Join us at the Salad Bar</p> <p>Salads include: Crackers, Muffins or Roll, Fruit & Beverage</p> <p><i>This Institution is an equal opportunity provider.</i></p>	<p>Restaurant Pizza Listings are menu items from local restaurant partners.</p>  <p>Served Daily: Parkway Cheeseburgers, Hot Dogs & Mozzarella Cheese French Bread</p>	<p>Allergy Guide - Ingredients of all items available: Click Here</p> <p>Internet Deposits Click Here</p> <p>Beverages: 1% White Milk / Skim 1% Chocolate Juices - Apple & Orange</p>	<p>Menu Subject to Change</p>  <p>Meal Pricing: Student Lunch - \$3.25 Reduced Lunch - \$0.40 Adult Lunch - \$3.50</p> <p>Free/Reduced Meal Questions? 314-415-8245</p>	 <p>Follow us on Twitter @healthymealpkwy</p>
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